## PowerSkills Training & Development Seminar Topics

## 1-Day Courses

<ul> <li>□ Diversity@Work™: Blending Generations at Work</li> <li>□ Federal Manager's Guidance and Tools Workshop: A Primer for Managers</li> <li>□ Happiness Factors@Work™</li> <li>□ Introduction to Coaching and Mentoring</li> <li>□ Stress Management: Practices and Planning for Work-Life Balance</li> <li>□ Stress Management: Individual and Management Team Strategies to Promote Resilience</li> </ul>
2-Day Courses
<ul> <li>□ Board Assessment and Development</li> <li>□ Building Successful Customer Relations</li> <li>□ Change Management: Insights, Practices and Skills for Leaders at all Levels</li> <li>□ Change Management: Facilitating Culture and Climate Change within the Workplace</li> <li>□ Change Management: Executive Leadership Planning for Change and Transitions</li> <li>□ Coaching SkillsBeyond the Basics</li> <li>□ Communication Skills: Managing Difficult/Crucial Conversations</li> <li>□ Community Collaborations and Community-Based Marketing</li> <li>□ Critical &amp; Creative Thinking Skills</li> <li>□ Conflict Management: Styles, Cultural Norms Conflicts and Resolutions</li> <li>□ Conflict Management: Facilitating Forgiveness@Work</li> </ul>
<ul> <li>□ Dealing with Difficult Behaviors and Challenging People</li> <li>□ Developing and Sustaining Effective Partnerships</li> <li>□ Diversity@Work™:Inclusion &amp; Appreciation Practices while Uncovering Unconscious Bias</li> <li>□ Diversity@Work™:Straight Talk Education, Insight Journeys and Inclusion Initiatives</li> </ul>
<ul> <li>□ Effective Interpersonal Communication</li> <li>□ Emotional Intelligence Skills: Basic Training for E.I. in the Workplace</li> <li>□ Emotional Intelligence Skills for Leaders: Supervisory &amp; Managerial Applications</li> <li>□ Federal Manager's Guidance and Tools Workshop: A Deeper Dive into Core Knowledge</li> <li>□ Leadership Development: Integrating Values and Virtues@Work™</li> <li>□ Managing Organizational Transitions</li> <li>□ Managing Teams including Virtual Teams</li> </ul>
<ul> <li>□ Managing Up: Essential Steps for Managing Up and Partnering with your Boss</li> <li>□ Meeting Management Skills: Making Meetings Matter</li> <li>□ Mentoring Skills that Lead to Long-Term Impact</li> <li>□ Motivation and Morale Building Strategies and Activities</li> </ul>
<ul> <li>□ Organization and Time Management</li> <li>□ Power, Influence and Negotiation Skills for Leaders</li> <li>□ Problem Solving Skills and Strategies</li> <li>□ Relationship Development@Work™</li> <li>□ Resume Writing and Interviewing Skills</li> </ul>
<ul> <li>□ Strategic Thinking and Problem Solving</li> <li>□ Stress Management: Managing Stress, Burnout and Compassion Fatigue</li> <li>□ Succession Planning Insights and Initiatives</li> <li>□ Trust@Work™: Building, Maintaining and Re-Setting Trust at Work</li> </ul>
□ Volunteer Program Management: Managing Volunteers, Seasonals and Interns

3-Day Courses		
	Building and Leading Effective Teams Business Communication Boot Camp Conflict Management: Four Sources of Conflict in Every Organization Conflict Management: Facilitation of Forgiveness at Work Diversity@Work™/Styles@Work™: Managing Leadership Styles, Communication Styles Learning Styles, and Work Styles Diversity@Work™: Team/Organizational Assessments and Strategies for Inclusion and Transformation Effective Briefing and Presentation Skills Facilitation and Public Speaking Skills Flexibility and Resiliency Skills for Supervisors and Managers Leadership Core: Mission & Methods, Culture & Climate, Skills & Styles Leadership and Management Skills for Non-Managers and Aspiring Supervisors Myers-Briggs Personality Assessment and Applications at Work Performance Management Skills for Supervisors Strategic Thinking, Planning and Problem Solving	
4-Day Courses		
	Becoming a Leadership Star: Focus on the P's of Leadership (e.g., purpose, passion, performance, productivity, personnel, planning, etc.) Diversity@Work™:Diversity Change Agent Skills	
5-Day Courses		
	Four Dimensions of Leadership: Spirited, Servant, Situational, Strategic Supervision Skills for New Supervisors Skills for Experienced Supervisors Mentor Program Certification	

## **Notes**

PowerSkills adapts, customizes and blends seminars at no extra cost.

PowerSkills always puts mission before money and purpose before profits. Let us know if you need a sliding fee scale for payment.

PowerSkills also offers retreats, coaching and motivational presentations.

Visit www.yourpowerskills.com/contact to let us know how we can be of service and sign up our monthly articles filled with leadership and management tips.

Ph. 1-619-517-6299 www.yourpowerskill.com Bob@yourpowerskills.com yourpowerskills@gmail.com FB/yourpowerskills Twitter@yourpowerskills